



**IBU
REGIONAL
EVENT
BIATHLON**



**CENTRALNY OŚRODEK SPORTU
DUSZNIKI-ZDRÓJ**
OSRODEK PRZYGOTOWAŃ OLIMPIJSKICH

**IBU CENTRAL
EUROPEAN REGIONAL
CUP BIATHLON**

DUSZNIKI-ZDRÓJ

27.02-1.03.2026



POLSKI ZWIĄZEK BIATHLONU
POLISH BIATHLON ASSOCIATION



**Ministerstwo
Sportu i Turystyki**



**Duszniki
ZDRÓJ**



Bank Polski

WYSOWIANKA
NATURALNA WODA MINERALNA



INCORSA
DLA STRZELCÓW Z PASKA
od 1989 roku

superauto.pl

WERON.pl

DEMACLENKO

LAPUA

ROECKI
SPORTS

MARWE
Pro Roller Skis

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VENUE

Centralny Ośrodek Sportu - Ośrodek Przygotowań Olimpijskich w Dusznikach-Zdroju Jamrozowa Polana Jamrozowa Polana is located 650-675 m above sea level.

ORGANIZER

Polish Biathlon Association

ul Kościuszki 84

40-518 Katowice Poland

Tel.: +48 32 207 53 86

E-mail: biuro@biathlon.com.pl

COS Duszniki Zdrój

OC EXECUTIVE POSITIONS

Polish Biathlon representative

Kinga Goraj

e-mail: k.goraj@biathlon.com.pl

OC Executive positions

e-mail: Sandra Baranowska

s.baranowska@biathlon.com.pl,

Agnieszka Cyl

a.cyl@biathlon.com.pl

COMPETITION COMMITTEE

Chief of Competition: Kinga Goraj

Technical Delegate: Joanna Badacz

Chief of Biuro: Sandra Baranowska

Chief of Course: Sławomir Bernacki/Ewelina Jedziniak

Chief of Range: Ryszard Guła

Chief of Start/Finish: Jolanta Kaźmierak

Timing: Bartłomiej Golec

Chief of common waxing: Agnieszka Cyl

/ Anton Shydouski

COMPETITION OFFICE

Friday, 27.02.2026 - 12.00-17.00

Saturday, 28.02.2026 - 8.00-17.00

Sunday, 01.03.2026 - 8.00-17.00

LIABILITY / INSURANCE

The organiser shall not be held liable for any dam-

ages caused to persons or material/equipment. All participants must be covered by sufficient health, accident and liability insurance. By submitting the entry form the respected National Federation confirms that all persons registered are covered by the appropriate insurance (in accordance with 1.6.1.2. IBU Event and Competition Rules).

IMPORT AND EXPORT OF RIFLES, AMMUNITION

Owners of the European rifle licence (ERL) need no other documents when entering the Poland.

REPORT AFTER ARRIVAL

Team captains have to report the team's arrival to the Competition Office in shooting range

ARRIVAL AND PARKING

Parking is available at the stadium in designated area. When entering and parking in the „Biathlon Arena” the traffic signs and instructions of the organisers must be observed!

ACCOMMODATION AND STAY

Accommodation for all participants will be arranged by themselves. Contact the respective hotels directly, see below the list of hotels.

Wellness & Spa Werona - <http://www.werona-spa.pl/>

Hotel Fryderyk - <https://www.fryderyk.com.pl/>

Hotel Kudowa - <https://www.hotelkudowa.pl/>

Hotel Amalia - <https://www.hotelamalia.pl/>

Skałka Zieleniec - <https://skalka-zieleniec.pl/>

Hotel Muza - <https://www.hotelmuza.pl/>

Hotel Impresja - <http://impresja.net/hotel/>

Hotel Sonata - <http://sonataduszniki.pl/pl/>

Medical Sensus - <http://medicalsensus.pl/>

Villa Fortuna - <http://www.villafortuna.com.pl/>

Villa Scandia - <https://dusznikinoclegi.pl/>

IBU TRAVEL CONTRIBUTION

The IBU contributes travel costs 200 eur per youth and junior athlete per event up to sum 4000 eur per participating NF from Central European region, except host NF. The travel contribution will be based on competition results and transferred by IBU to the respective NF.

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DUSZNIKI-ZDRÓJ

27.02-1.03.2026



REGISTRATION AND ENTRY

Registration of all the participants will be carried out through online. Please send applications to the e-mail address a.cyl@biathlon.com.pl (for polish athletes there is a platform Logowanie | BGTimeSport)

Deadline for registration by name is 25.02.2026

All athletes participating at IBU Regional events must be registered in IBU membercenter as an basic athletes at least. Deadline for this registration is 14th February 2026!

TEAM CAPTAINS MEETING

Team Captains Meeting is 27.02.2026 at 5:00 p.m. on the COS building at the stadium

COMPETITION RULES

The competitions will be held according to the valid IBU Rules in their current version. Specific Regional Event Rules as mentioned in the related IBU Regional events guidelines 2024/2025 and specifications published in this Invitation.

CLASSES OF COMPETITORS

Class of comp/year of birth

U17 2009/2010 - youth U17 (prone and standing)

U19 2007/2008 - youth U19

U21 2005/2006 - junior U21

DISCIPLINES

Sprint,

Mass start

COMMONWAXING

For all the competitions, disciplines and classes will be applied common waxing. The athletes are responsible to hand over skis the day before the respective competition at certain times according to the competition program. Waxed skis will be available at the ski racks in the start area 10 minutes before the start. Detailed information will be provided at the TCM.

TARGET SYSTEM

The shooting range is equipped with 30 electronic Kurvinen targets.

TEAMS AND CHANGING ROOMS

Keys to the changing rooms will be available at the competition office

CEREMONIES

Athletes receive diplomas for places 1-6 and prizes for places 1-3.

COMPETITION PROGRAM

Friday, 27.02.2026

OFFICIAL TRAINING

15:00 - Sprint entries deadline (on-line)

12:00-14:00 - Official training I session

14:30- 16:30 - Official training II session

17:00 - Team captains meeting

Saturday, 28.02.2026

SPRINT

12:30- 12:55 - Zeroing - Youth M, junior M, senior M

13:00- 13:25 - Zeroing - Youth W , junior K, senior K

Until 13:20 - Material inspection

Until 13:30 - Rifles deposition in the rifle racks at the range

13:30 - Start -senior M, junior M, senior K, junior K

14:30 - Start - Youth M, Youth W

16:00 - Award ceremony

Sunday, 01.03.2026

MASS START

12:30- 12:55 - Zeroing - Youth M, junior M, senior M

13:00- 13:25 - Zeroing - Youth W , junior K, senior K

Until 13:20 - Material inspection

Until 13:30 - Rifles deposition in the rifle racks at the range

13:30 - Start of mass start senior M, junior M, senior

K, junior K, Start of mass start Youth M, Youth W after finished senior and junior

16:00 - Award ceremony

IBU CENTRAL EUROPEAN REGIONAL CUP BIATHLON
DUSZNIKI-ZDRÓJ
27.02-1.03.2026



NEW ECR 8.5.1.1: Safety marker

The use of a safety marker (colored flag or lock) is **mandatory for all rifles** when entering the stadium area.

The safety marker **must remain inserted at all times** until the athlete reaches the shooting range, where it may be removed **only for training or competition purposes**.

Training

After completing shooting and **when leaving the shooting range**, the safety marker **must be inserted again immediately**.

Rifle Control

All rifles must be presented for rifle control with the safety marker inserted, regardless of the time when the inspection takes place.

Control personnel may temporarily remove the safety marker for inspection purposes.

After inspection, **the rifle must leave the rifle control area with the safety marker inserted**.

Zeroing

The **same rules as for training apply**.

Once the rifle is placed in the assigned team's rifle rack in the start area, the safety marker **may be removed** as part of the final competition preparations.

When moving from the rifle rack to the start line, the safety marker **must not be inserted**.

End of Competition

After finishing the race and entering the finish area / passing the mixed zone, the safety marker **must be inserted again as soon as possible**.

In any case, the safety marker **must be inserted before leaving the finish exit area or returning to the warm-up area (rifle racks)**.

The safety marker must then **remain inserted at all times** until the next training or competition process begins.

Exception - Dry Shooting

For dry shooting, the safety marker **may be removed temporarily**.

It **must be inserted again immediately after dry shooting**.

For safety reasons, the use of a **so-called "rubber bullet"** is **strongly recommended** during dry shooting.

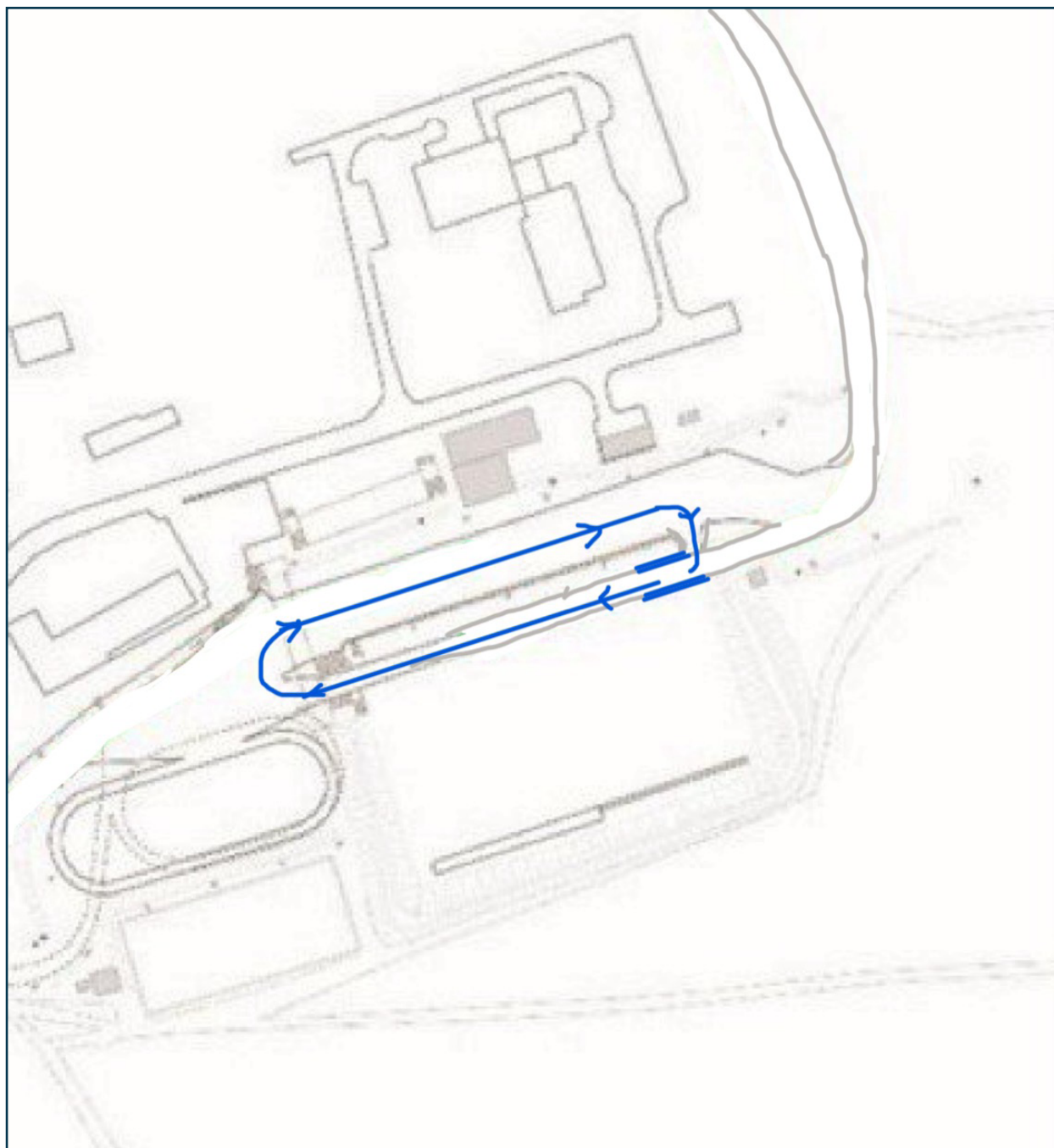


CLASSES OF COMPETITORS, COMPETITION SPECIFICATION

CLASS OF COMPETITOR	SPRINT				MASS START			
	COURSE	LOOP	SHOOTING	PEN. LOOP	COURSE	LOOP	SHOOTING	PEN. LOOP
U17 YOUTH M 2009-2010	7,5 KM	2,5 KM	PS	150 M	10,0 KM	2,0 KM	PPSS	150 M
U17 YOUTH W 2009-2010	6,0 KM	2,0 KM	PS	150 M	7,5 KM	1,5 KM	PPSS	150 M
U19 YOUTH M 2007-2008	7,5 KM	2,5 KM	PS	150 M	10,0 KM	2,0 KM	PPSS	150 M
U19 YOUTH W 2007-2008	6,0 KM	2,0 KM	PS	150 M	7,5 KM	1,5 KM	PPSS	150 M
U21 JUNIOR M 2005-2006	10,0 KM	2,5 - 4x	PS	150 M	15,0 KM	2,5 KM X 6X	PPSS	150 M
U21 JUNIOR W 2005-2006	7,5 KM	2,5 KM	PS	150 M	12,5 KM	2,5 KM	PPSS	150 M

PLANS OF STADIUM AND COURSES

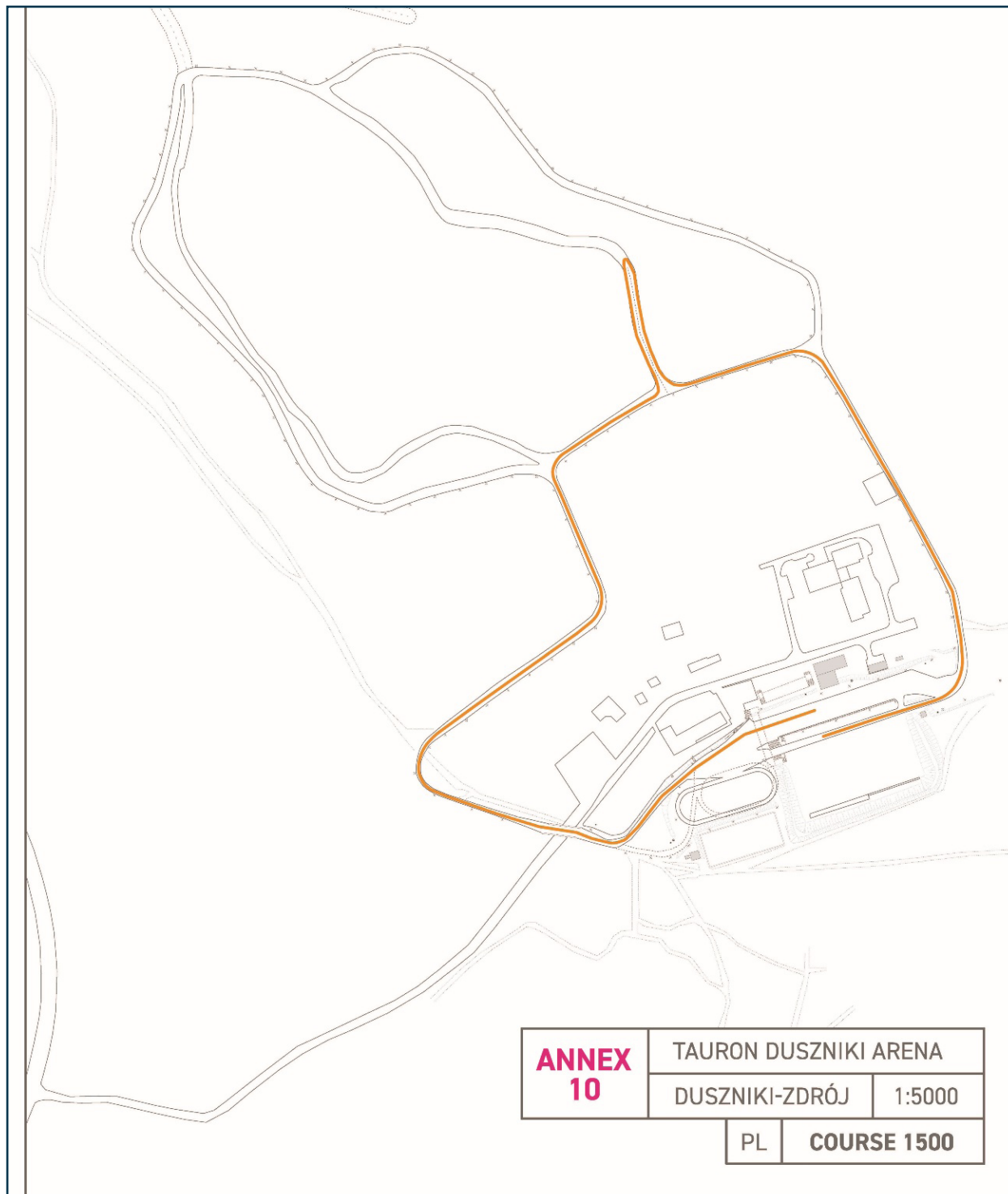
Category M/W 2007-2008 is marked in blue how they move with rifles;
Rifle racks will be placed in front of the shooting range



IBU CENTRAL EUROPEAN REGIONAL CUP BIATHLON

DUSZNIKI-ZDRÓJ

27.02-1.03.2026

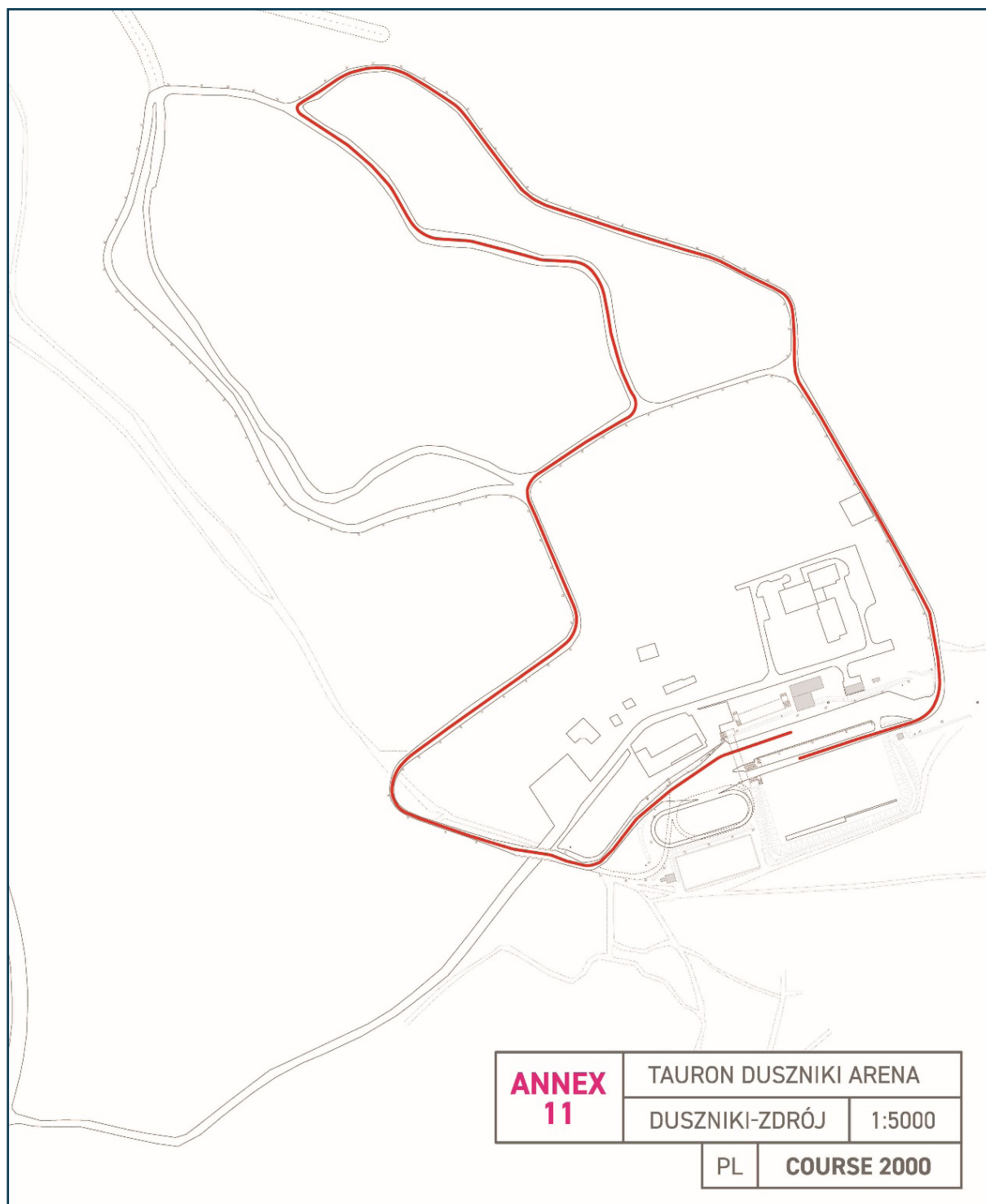


ANNEX 10	TAURON DUSZNIKI ARENA	
	DUSZNIKI-ZDRÓJ	1:5000
	PL	COURSE 1500

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DUSZNIKI-ZDRÓJ

27.02-1.03.2026



ANNEX 11	TAURON DUSZNIKI ARENA	
	DUSZNIKI-ZDRÓJ	1:5000
PL	COURSE 2000	

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DUSZNIKI-ZDRÓJ

27.02-1.03.2026

